

Fall Sports

Media Guide



Lorna Slupczynski
Senior
St. John, Ind.



Rosie O'Connor
Junior
Fox Point, Wis.

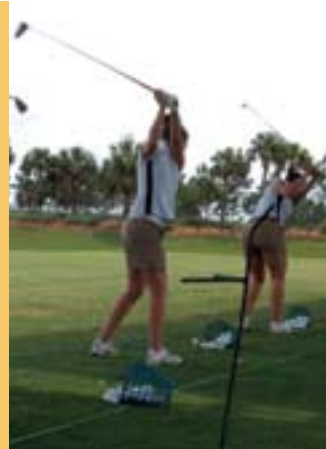


Cross Country

- Megan Gray '08 - first Saint Mary's runner to compete at NCAA Division III Championships in 2006 and 2007
- Six consecutive seasons being named to MIAA Team GPA Honor Roll
- Three consecutive seasons with an All-MIAA honoree
- 98 Individual MIAA Academic Honor Roll honors

Golf

- Four consecutive MIAA Championships from 2002–05
- Four NCAA Division III Championship appearances
- Stefanie Simmerman '05 - 2003 NCAA Division III Individual Golf Champion
- Five MIAA Season Medalists
- 27 All-MIAA Honors



Soccer

- College record 10 MIAA victories in 2005 for 3rd place finish
- Eight consecutive seasons with an All-MIAA honoree
- Jen Concannon '05 - four-time All-MIAA honoree
- Three consecutive seasons as an NSCAA Team Academic Award recipient

Volleyball

- Three MIAA Players of the Year since 2003
- College record 11 MIAA victories and 3rd place finish in first season of conference membership
- Lorna Slupczynski '10 - fastest player in program history to 1,000 career kills and digs
- Seven-time MIAA Team GPA Award honoree
- 47 Individual MIAA Academic Honor Roll honors





Athletics Contact Information

Mailing Address:
 Saint Mary's College
 Angela Athletic Facility
 Notre Dame, IN 46556
 Phone: (574) 284-4694
 Fax: (574) 284-4797
saintmarys.edu/athletics

Athletic Staff

Director of Athletics
Julie Schroeder-Biek '88
 (574) 284-4694
jsbiek@saintmarys.edu

Administrative Assistant
Diane Carter
 (574) 284-4694
dcarter@saintmarys.edu

Director of Sports Medicine
Nich Hoover
 Office 117 - Angela Athletic Facility
 (574) 284-4335
nhoover@saintmarys.edu

Sports Information Director
Sarah Miesle '07
 (574) 284-5290
 Fax: (574) 284-4797
smiesle@saintmarys.edu

Table of Contents

| | |
|---|-------|
| Welcome from the Director | 2 |
| Michigan Intercollegiate Athletic Association | 3 |
| Facts at a Glance | 4 |
| Recruiting and Admission Information | 5 |
| Cross Country | 6–9 |
| Golf | 10–13 |
| Soccer | 14–17 |
| Volleyball | 18–21 |
| Belles Athletic Experience | 22 |
| Athletic Facilities | 23 |
| Sports Medicine/Women's Health | 24 |

Fall Sports

Cross Country Coach
Jackie Bauters '04
 (574) 284-4694
crosscountry@saintmarys.edu

Golf Coach
Mark Hamilton
 (574) 284-4694
golf@saintmarys.edu

Soccer Coach
Ryan Crabbe
 (574) 284-4694
soccer@saintmarys.edu

Volleyball Coach
Toni Kuschel
 (574) 284-4694
volleyball@saintmarys.edu

Winter/Spring Sports

Basketball Coach
Jennifer Henley
 (574) 284-4694
basketball@saintmarys.edu

Softball Coach
Erin Sullivan '04
 (574) 284-4694
softball@saintmarys.edu

Swim Coach
Alicia Dombkowski '02
 (574) 284-4694
swimming@saintmarys.edu

Tennis Coach
Dale Campbell
 (574) 284-4694
tennis@saintmarys.edu



Julie Schroeder-Biek

- MVP of first state championship volleyball team at Mishawaka High School
- Three-sport MVP in volleyball, basketball, and track at MHS
- Inducted into MHS Athletic Hall of Fame in 1993
- Named All-American at Southwestern Michigan College
- Played DI volleyball at the University of Wisconsin - Madison
- Transferred to Saint Mary's in 1986
- Broke volleyball school records at Saint Mary's in kills in a season, kills per game, hitting percentage, solo blocks, and block assists in her final season of competition
- Earned NAIA All-District and All-State honors
- One of six players named a District 21 All Star during that same season
- Holds the Saint Mary's record for block assists in a season (137)
- Won 186 matches in 15 seasons as the head volleyball coach at Saint Mary's

Dear family, friends, and prospective student-athletes,

The 2008–09 academic year proved to be the most successful year to date for the Saint Mary's Athletic Department. Our third-place finish in the Michigan Intercollegiate Athletic Association (MIAA) Commissioner's Cup was an honor collectively earned by the contributions of all of our teams. As you look through this media guide, you will read about the successes of our women and their teams. I encourage you to visit our Web site at saintmarys.edu/athletics, for a more in-depth look at all of our sports.

This exciting year also kept our staff incredibly busy hosting major events each sport season. In the fall, we hosted the cross country MIAA Jamboree as well as earned the right to be a first-round host of the MIAA volleyball tournament. Hosting the three-day men's and women's MIAA Swim Championships, along with earning a hosting slot for both the first and second rounds of the MIAA basketball tournament in the winter, kept us moving. And finally, in the spring, our golf team earned the right to host one of the two NCAA qualifiers for the MIAA.

Now we look to build on the success that we enjoyed this past year. We have so many talented, young returners that played major roles in our achievements throughout the year. These are the women that will be taking the reins to continue in the footsteps of our graduates. We look forward to welcoming the talents offered by our incoming student-athletes and mentoring these women in the proud traditions of the Belles.

Julie Schroeder-Biek '88
Director of Athletics and Recreation

In 2008–09

- 128 student athletes competed in the College's eight varsity sports
- Every varsity team had at least a 3.0 cumulative GPA
- 10 athletes earned First- or Second-Team All-MIAA honors
- MIAA Defensive Player of the Year - Basketball
- MIAA Season Medalist - Golf
- Combined 75 team victories and first place finishes
- More than 50 student-athletes named to MIAA Academic Honor Roll

Saint Mary's Quick Facts

- President - Dr. Carol Ann Mooney '72
- Founded in 1844
- Approximate enrollment - 1,600
- NCAA Division III Member
- One of nine schools in the Michigan Intercollegiate Athletic Association
- Eight varsity sports - basketball, cross country, golf, soccer, softball, swimming, tennis, volleyball



Michigan Intercollegiate Athletic Association (MIAA)

History

The Michigan Intercollegiate Athletic Association (MIAA) is America's oldest collegiate athletic conference.

The 2009–10 school year marks the 123rd consecutive year of operation for the NCAA Division III affiliated conference. The MIAA was founded March 24, 1888. From the very beginning, the MIAA has conducted full-season championships in multiple sports. There have been changes in some of the sports (bicycle racing and Indian club juggling have long since disappeared, and basketball did not even exist in 1888), but these changes have served to develop the MIAA into one of America's finest NCAA Division III conferences, today offering 18 sports for men and women.

The MIAA's continuity is noteworthy. Of the 13 schools that have had full membership, nine are still members—Adrian, Albion, Alma, Calvin, Hope, Kalamazoo, Olivet, Saint Mary's, and Trine. Significantly, not one of these nine colleges has ever belonged to any other formal league. Albion and Olivet were charter members although Albion is the only member to hold continuous membership. Ex-members are Michigan State University (1888–1907), Eastern Michigan University (1892–1926), Hillsdale College (1888–1960), and Defiance College (1997–2000).

The MIAA's membership list went unchanged from 1954 until 1997 when Defiance College of Ohio and Saint Mary's College of Indiana were invited to join. It also marked the first time that the league added members outside the state of Michigan. The league stipulated, however, that the name of the conference would not change. The inaugural year of current members are: Adrian (1908), Albion (1888), Alma (1902), Calvin (1953), Hope (1926), Kalamazoo (1896), Olivet (1888), Saint Mary's (1997), and (Trine) Tri-State (2004).

Tri-State University became a conference member in 2004–05 upon its acceptance as a provisional NCAA member.

Member Schools and Dates Joined

| | |
|-----------------------------|-------------|
| Adrian College | 1908 |
| Albion College | 1888 |
| Alma College | 1902 |
| Calvin College | 1953 |
| Hope College | 1926 |
| Kalamazoo College | 1896 |
| Olivet College | 1888 |
| Saint Mary's College | 1997 |
| Trine University* | 2004 |

MIAA in the NCAA

Since 1990, MIAA member colleges have won 10 National Division III championships. NCAA Division III history was made in 1992 when the MIAA claimed two national championships in basketball when Calvin claimed the men's title and Alma took home the women's championship. MIAA has hosted NCAA national championship events in baseball, men's and women's basketball, men's and women's cross country, men's golf, men's and women's tennis, men's track, and men's and women's swimming.

MIAA Women's All-Sports Award Results

Since 1998, a trophy has been given at the conclusion of the spring sports season to the school with the highest cumulative point total in the final standings on the MIAA championships. Saint Mary's earned their highest-ever finish in the MIAA's Women's All-Sport Standings at the conclusion of the 2008–09 academic year. The Belles edged out Albion by two points to finish third in the standings that go into determining the annual Commissioner's Cup. Points are awarded based upon each MIAA school's final conference standing in each sport. With one of the best years in the 30-year history of intercollegiate athletics, the Belles claimed third among the nine institutions making up the MIAA.

* In 2008, Tri-State University officially changed its name to Trine University.

Facts at a Glance

FOUNDING:

The College was founded in 1844 and continues to be sponsored by the Sisters of the Holy Cross.

ACADEMIC EMPHASIS:

Liberal arts/preprofessional



CAMPUS:

The suburban campus features 75 acres of gardens, fields, woods, and walks along the St. Joseph River.



FINANCIAL AID:

In 2008–2009 over 91% of Saint Mary's students received nearly \$33 million in financial aid (from all sources) in the form of scholarships, grants, loans, and work opportunities; of these funds, over \$16.5 million came from Saint Mary's in the form of grants and scholarships.

LOCATION:

Although our mailing address is Notre Dame, Indiana, Saint Mary's is located next to the city of South Bend, Indiana, within walking distance of the University of Notre Dame. We are approximately 90 miles from Chicago and 160 miles from Indianapolis. Saint Mary's is within easy access to the regional airport and interstate highway system.



COSTS:

Current cost for tuition, fees, and average room and board totals \$38,822.

ADMISSION:

Competitive. First-year applicants should apply by February 15. Transfer applicants should apply by November 15 for spring semester or April 15 for fall semester. Early decision applications must be submitted by November 15 for December notification.

EDUCATIONAL ADVANTAGES:

10:1 student-faculty ratio. Average class size is 15. Co-exchange programs with Notre Dame. Opportunities for foreign study, internships, and volunteer service.

RESIDENCE LIFE:

Approximately 80% of students live on campus in one of our five residence halls. Housing is guaranteed for four years.

THE STUDENTS:

Approximately 1,600 women from 43 states and territories and five foreign countries.

PROGRAMS OF STUDY:

Saint Mary's offers the BA, BBA, BS, BFA, and BM degrees in over 30 major areas of study. In addition, Saint Mary's College and the University of Notre Dame have established a cooperative engineering degree program. Qualified students may design their own major or earn a minor or minors in any of 43 academic areas.





Division III athletics features student-athletes who receive no financial aid related to their athletic ability and athletic departments are staffed and funded like any other department in the university. Division III athletic departments place special importance on the impact of athletics on the participants rather than on the spectators. The student-athlete's experience is of paramount concern.

—National Collegiate Athletic Association (NCAA)

While it is well known that NCAA Division III student-athletes are not able to earn athletic scholarships, there are still many misunderstandings about what Division III institutions and their athletic programs are and are not allowed to do. For instance, in spite of the lack of athletic scholarships, student-athletes at Division III institutions can and do receive financial aid and scholarships based upon financial need, academic merit, and leadership and service.

Moreover, Division III athletics provide a high level of competition while keeping the needs and experience of the student-athlete at the forefront. As such, the NCAA has put into place several rules and regulations regarding the recruitment of student-athletes by Division III members.

Some of the major rules about recruiting prospective student-athletes at a Division III institution include the following:

- NCAA Division III does not require Clearinghouse registration.
- Prospects may receive printed materials at any time from NCAA Division III coaches.
- There is no limit on number or timing of phone calls or e-mails at the NCAA Division III level and the prospect may make calls to the coach at their own expense.
- The use of text messaging, instant messaging, or social networking Web sites by, or on behalf of, a member of the institution's athletic department staff at the NCAA Division III level for the purposes of recruitment of prospects is prohibited.
- The NCAA Division III college coach may begin to have contact with the prospect and the prospect's parents/legal guardians off the college's campus after her junior year.
- There is no National Letter of Intent program for NCAA Division III.

If you are a junior...

- Begin thinking about your college options
- Take the SAT and/or ACT
- Visit your possible college choices

Campus visit day:

Spring Day on Campus

April 18, 2010

If you are a senior...

- Visit your possible colleges
- Retake the SAT and/or ACT if necessary
- Apply to your college choices
- Know the deadlines for admission to your college choices
 - Visit saintmarys.edu/admission
- Fill out the FAFSA and CSS Profile for Financial Aid
 - Visit saintmarys.edu/tuition

Campus visit days:

Fall Day on Campus

November 15, 2009

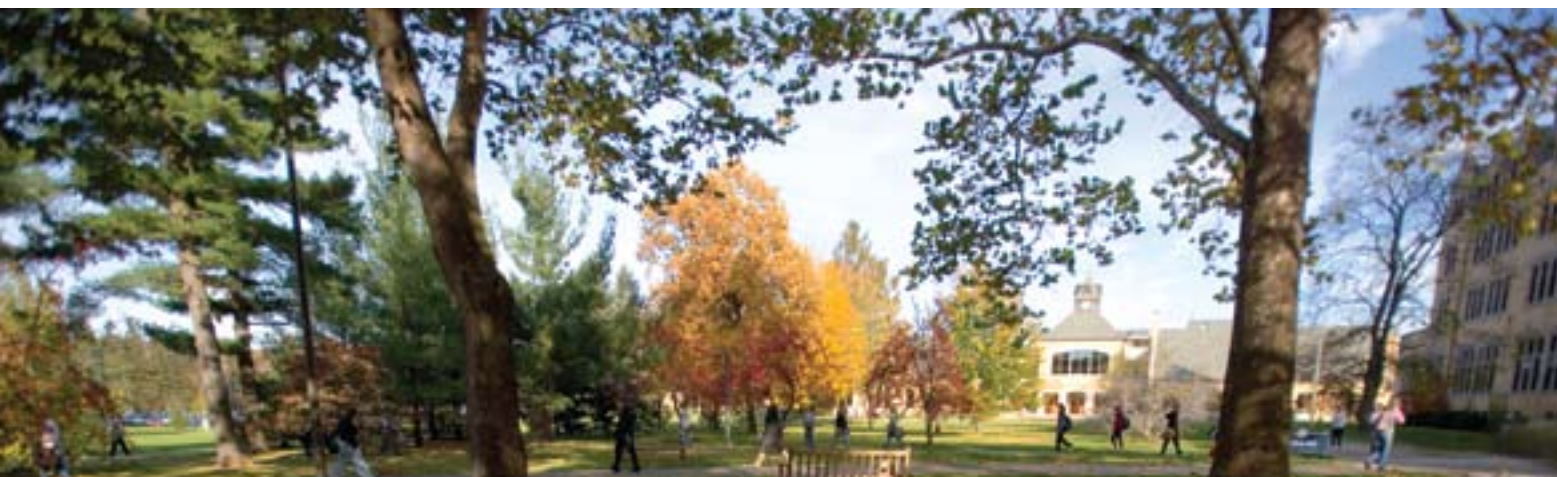
Senior Preview Days

September 21, 2009

October 12, 2009

November 9, 2009

February 15, 2010



Web sites you should know:

saintmarys.edu/admission • saintmarys.edu/tuition • saintmarys.edu/special-programs • www.ncaa.org



Megan
McClowry '10

Cross Country Outlook

The Saint Mary's cross country team will look to continue their trek toward the top of the MIAA in 2009. The Belles have finished fourth in the league each of the past two seasons and will look to crack into the top three for the first time in program history this fall.

Many eyes will be on senior Megan McClowry to help lead the charge in 2009. The native of Naperville, Ill., was the top finisher for Saint Mary's a year ago. McClowry became just the fourth Belle in the history of the program to earn All-MIAA honors with her 13th place overall finish at the MIAA Championships in September.

Sophomore Joanne Almond and junior Catie Salyer will also be top returning harriers for the Belles in the fall of 2009. The pair consistently finished among the top-five finishers for the Belles throughout the season. Almond had a top-three time on the team on five consecutive occasions while Salyer accomplished a top-three time in four instances.

Another sophomore and junior combination that will be looked upon to push the team forward in the MIAA is that of sophomore Arianne Rodriguez and junior Clare McVey. Rodriguez established herself as one of the top runners on the team from the onset of the season, while McVey's continued improvement over the season translated into being the team's second finisher at the NCAA Regionals.

With such a potent combination of young and experienced talent on this fall's squad, the Belles are in a strong position to claim the College's best MIAA finish ever.

The Saint Mary's cross country team will look to continue their trek toward the top of the MIAA in 2009.



2009 Cross Country Schedule

| DATE | DAY | EVENT | LOCATION | TIME |
|----------------|-------------|-------------------------|-------------------------|---------------|
| Sept. 5 | Sat. | Alumnae Meet | Notre Dame, Ind. | 9 a.m. |
| Sept. 19 | Sat. | Calvin Invitational | Grand Rapids, Mich. | 10 a.m. |
| Sept. 26 | Sat. | MIAA Jamboree | Holland, Mich. | 11 a.m. |
| Oct. 3 | Sat. | Adrian Invitational | Adrian, Mich. | TBA |
| Oct. 17 | Sat. | Manchester Invitational | North Manchester, Ind. | 11 a.m. |
| Oct. 31 | Sat. | MIAA Championships | Adrian, Mich. | 11 a.m. |
| Nov. 14 | Sat. | NCAA Regionals | Terre Haute, Ind. | TBA |
| Nov. 21 | Sat. | NCAA Championships | Berea, Ohio | TBA |

HOME EVENTS IN BOLD

Subject to Change



Coach Jackie Bauters

Jackie Bauters enters her fifth year at the helm of the Belles cross country program. A 2004 graduate of Saint Mary's, Bauters was a three-year member of the cross country squad. In 2001 she was named to the MIAA second-team all-conference squad. In addition, she was named to the MIAA academic honor roll on three occasions. She also served as the team captain her senior year.

Over her tenure as the head cross country coach, she has coached Megan Gray '08 to the NCAA Division III Championships on two occasions. It was the first appearance by a Saint Mary's runner in the Championship race in the history of the program. Moreover, she has also mentored three All-MIAA honorees in the past four seasons.

Last season, Bauters guided the team to their second consecutive fourth place finish in the MIAA, equaling their best season-ending standing since joining the MIAA over a decade ago. The Belles have steadily been moving up the ranks of the MIAA since Bauters has taken over the reins of the program in 2005.

After graduating from Saint Mary's, the Highland Heights, Ohio, native served as an assistant coach at Ithaca College, N.Y., while earning her master's degree in sports psychology. During the 2005 season, she helped guide the Bombers squad to an appearance at the NCAA championships. She currently works for the University of Notre Dame as Project Director/Assistant in the Family Studies Center in the Psychology Department.

Recap Cross Country 2008

Consistency was the name of the "game" for the 2008 Saint Mary's cross country team. With the graduation of Megan Gray, a two-time NCAA Championship qualifier, the Belles looked to another Megan to take the lead in 2008.

Junior Megan McClowry stepped up to the challenge and was among the most consistent runners for the Belles this fall. The native of Naperville, Ill., was the top finisher for Saint Mary's in each race this season. McClowry had season-best times at Calvin with a 20:22 (5k) and at the MIAA Championships with a 23:55 (6k). She finished 19th at the MIAA Championships to earn Second Team All-MIAA honors for the first time in her career.

Joining McClowry in the top five at each race this season were freshman Joanne Almond and sophomore Catie Salyer. The pair finished within 13 seconds of each other at the races throughout the season. A leader on the course and team, co-captain Caitlin Brodmerkel had a strong senior campaign for the Belles. Brodmerkel had a career personal record at the Calvin Invitational with a 20:32 in the 5k.

As a team, the scoring five for Saint Mary's was an impressive collective force. The Belles had their top five runners finish within 1:03 of each other at every race this season. At the MIAA Jamboree in September, the five top harriers finished within a stellar 20 seconds of each other.

"As a whole, when the team and I look at the season, everyone is happy with how successful we were," Bauters added. "After losing a couple of key runners from last season's squad, we were able to close some gaps and bring the team as a whole closer together to create a tough-to-beat pack."



Cross Country Results 2008

| DATE | MEET | RESULTS |
|----------|---------------------------|---------|
| Aug. 30 | Alumnae Meet (Exhibition) | - |
| Sept. 6 | @ Wabash Invitational | 4th |
| Sept. 12 | @ Bradley Invitational | 4th |
| Sept. 20 | @ Calvin Invitational | 9th |
| Sept. 26 | @ MIAA Jamboree | 5th |

| DATE | MEET | RESULTS |
|---------|-----------------------------|--|
| Oct. 3 | @ Adrian Invitational | 3k - 4th 6k - 5th Combined - 5th |
| Oct. 18 | @ Manchester Invitational | 3rd |
| Nov. 1 | @ MIAA Championships | 4th |
| Nov. 15 | NCAA Division-III Regionals | 17th |

MIAA History

| YEAR | PLACE | COACH | MIAA CHAMPION |
|------|-------|----------------|----------------|
| 1998 | 8th | Dave Barstis | Calvin College |
| 1999 | 8th | Dave Barstis | Calvin College |
| 2000 | 7th | Dave Barstis | Calvin College |
| 2001 | 7th | Dave Barstis | Calvin College |
| 2002 | 7th | Dave Barstis | Calvin College |
| 2003 | 6th | Dave Barstis | Calvin College |
| 2004 | 6th | Dave Barstis | Hope College |
| 2005 | 5th | Jackie Bauters | Calvin College |
| 2006 | 5th | Jackie Bauters | Calvin College |
| 2007 | 4th | Jackie Bauters | Calvin College |
| 2008 | 4th | Jackie Bauters | Calvin College |

SAINT MARY'S ALL-MIAA HONOREES

| YEAR | HONOR | NAMES |
|------|-------------|---------------------|
| 2001 | Second Team | Jackie Bauters (SO) |
| 2006 | First Team | Megan Gray (JR) |
| | Second Team | Sara Otto (SR) |
| 2007 | First Team | Megan Gray (SR) |
| 2008 | Second Team | Megan McClowry (JR) |

ACADEMIC ALL-MIAA

| YEAR | NAME(S) |
|-----------|---|
| 1998–1999 | Krista Hildebrand (JR), Melissa Miller (JR), Sara Seggerson (FR) |
| 1999–2000 | Anna Dirkes (FR), Krista Hildebrand (SR), Melissa Miller (SR), Sara Seggerson (SO) |
| 2000–2001 | Jennifer Bartalino (FR), Genevieve Yavello (SR) |
| 2001–2002 | Jennifer Bartalino (SO), Jackie Bauters (SO), Amy Blue (FR), Elizabeth Commers (FR), Sheila Egts (FR), Jessica Kosco (SO) |
| 2002–2003 | Jennifer Bartalino (JR), Jackie Bauters (JR), Jessica Eaton (FR), Laura Ficker (FR), Nicole Garcia (SR), Jessica Kosco (JR), Nicole Prezioso (SR), Erin Thayer (JR) |
| 2003–2004 | Jackie Bauters (SR), Amy Blue (JR), Elizabeth Commers (JR), Jessica Eaton (SO), Becky Feauto (SO), Nicole Garcia (SR), Meaghan Herbst (FR), Katie Kleczek (FR), Jessica Kosco (SR), Erin Nolan (FR), Katie White (FR) |
| 2004–2005 | Laura Baumgartner (SO), Alison Beyer (SO), Elizabeth Commers (SR), Jessica Eaton (JR), Becky Feauto (JR), Meaghan Herbst (SO), Erin Nolan (SO), Sara Otto (SO), Risa Zander (SR) |
| 2005–2006 | Jessica Andrusiak (JR), Allison Beyer (JR), Kelly Biedron (FR), Caitlin Brodmerkel (FR), Kimberley Burkart (FR), Darcy Cronin (SO), Jessica Eaton (SR), Becky Feauto (SR), Meaghan Herbst (JR), Elizabeth Johnson (SO), Alicen Miller (FR), Megan O'Neil (SR), Caitlin Stevenson (FR), Katie White (JR) |
| 2006–2007 | Allison Beyer (SR), Caitlin Brodmerkel (SO), Kimberly Burkhart (SO), Chelsea Foote (SR), Megan Gray (JR), Meaghan Herbst (SR), Becca Mason (SO), Audra Maxbauer (SR), Erin McClowry (SO), Megan McClowry (FR), Alicen Miller (SO), Kate Ortigara (FR), Sara Otto (SR), Erin Seidelmann (SO), Caitlin Stevenson (SO), Katie White (SR) |

ACADEMIC ALL-MIAA (Continued)

| YEAR | NAME(S) |
|-----------|---|
| 2007–2008 | Olenka Bilyk (SR), Caitlin Brodmerkel (JR), Kimberly Burkart (JR), Mary Charleston (SO), Darcy Cronin (SR), Lauren Easton (FR), Anne Maguire (FR), Becca Mason (JR), Megan McClowry (SO), Kate Ortigara (SO), Erin Seidelmann (JR), Caitlin Stevenson (JR), Samantha Wieczorek (FR) |
| 2008–2009 | Joanne Almond (FR), Caitlin Brodmerkel (SR), Angela Bronicki (SO), Lauren Easton (SO), Becca Mason (SR), Megan McClowry (JR), Alicen Miller (SR), Ellen Pfister (JR), Arianne Rodriguez (FR), Catie Salyer (SO), Erin Seidelmann (SR), Caitlin Stevenson (SR) |

ALL-MIAA ACADEMIC TEAM GPA

| YEAR | GPA |
|-----------|------|
| 1998–1999 | 3.34 |
| 2001–2002 | 3.37 |
| 2003–2004 | 3.43 |
| 2004–2005 | 3.38 |
| 2005–2006 | 3.41 |
| 2006–2007 | 3.45 |
| 2007–2008 | 3.51 |
| 2008–2009 | 3.50 |



Arianne Rodriguez '12

Overall Records

Top 5k Times (since 2002)

| YEAR | TIME | ATHLETE | EVENT |
|------|-------|----------------|--------------------------------|
| 2008 | 20:22 | Megan McClowry | Calvin Invitational |
| 2007 | 18:26 | Megan Gray | Manchester Invitational* |
| 2006 | 18:42 | Megan Gray | Manchester Invitational* |
| 2005 | 19:59 | Becky Feauto | Manchester Invitational |
| 2004 | 19:55 | Megan Gray | Aquinas Invitational |
| 2003 | 19:50 | Jackie Bauters | Tiffin/Heidelberg Invitational |
| 2002 | 20:55 | Jackie Bauters | MIAA Jamboree |

* Won Individual Title at Event

Best 5K Times in School History

| TIME | ATHLETE | EVENT | DATE |
|-------|--------------------|-------------------------|----------------|
| 18:26 | Megan Gray | Manchester Invitational | Oct. 13, 2007 |
| 18:42 | Megan Gray | Manchester Invitational | Oct. 14, 2006 |
| 19:02 | Megan Gray | Sean Earl Invitational | Sept. 27, 2007 |
| 19:27 | Megan Gray | Sean Earl Invitational | Sept. 30, 2006 |
| 19:39 | Samantha Wieczorek | Manchester Invitational | Oct. 13, 2007 |



Clare McVey '11



Best Times at MIAA Championship in School History(5K)

| TIME | ATHLETE | DATE |
|-------|----------------|---------------|
| 20:23 | Jackie Bauters | Oct. 31, 2001 |
| 20:23 | Melissa Goss | Oct. 31, 1998 |
| 20:24 | Genny Yavello | Oct. 31, 1998 |

Best Times at MIAA Championship in School History (6K)

The MIAA started running a 6K course in 2002

| TIME | ATHLETE | DATE |
|-------|----------------|---------------|
| 22:18 | Megan Gray | Oct. 24, 2007 |
| 23:44 | Megan Gray | Oct. 28, 2006 |
| 23:55 | Megan McClowry | Nov. 1, 2008 |
| 24:15 | Sara Otto | Oct. 29, 2005 |



Quick Fact

With their fourth place finish in 2008, the Saint Mary's cross country team tied their highest finish in school history.



Natalie Matuszak '12

Coming off of a 10th place finish at the NCAA Championships this past spring, the Saint Mary's golf team will look to recapture the MIAA Championship and make a return trip to the NCAA Finals again in the spring of 2010.

With four of the top five golfers from last year's squad returning, the Belles are in a strong position to regain the MIAA title for the first time since 2005. Among those returning is last season's MIAA Season Medalist and All-MIAA First Team honoree Rosie O'Connor. The junior claimed top honors in the league last season with an 80.2 stroke average in MIAA competitions and was a National Golf Coaches Association (NGCA) All-Region honoree.

Fellow juniors Mary Kate Boyce and Emily Gore emerged last spring as top competitors on the conference and national level and will be looked upon to help the Belles contend for championships this year. Boyce burst upon the scene in her first season with the Belles with a 77 in just her second round of competition, and later shared medalist honors at one of the three MIAA spring qualifiers. Gore was the medalist at a pair of spring events and had the team's highest individual finish at the NCAA Tournament by earning a tie for 17th place.

Natalie Matuszak will also be returning and will look to play an integral role in the Belles' success. The sophomore earned All-MIAA Second Team honors last fall and was consistently among the top scorers for the Belles during her first collegiate season. "Coming off a 10th place finish at nationals and only losing one player to graduation, we expect another great season," commented head coach Mark Hamilton. "With the talent level of women's golf around the country getting better every year, we will be working hard from day one to improve upon last year's finish and work towards our ultimate goal of contending for a National Championship."

"Coming off a 10th place finish at nationals and only losing one player to graduation, we expect another great season."

—Mark Hamilton



2009 Fall Golf Schedule

| DATE | DAY | EVENT | LOCATION | COURSE |
|--------------------|------------------|-------------------------------------|-------------------------|-------------------|
| Aug. 29–30 | Sat.-Sun. | Trine Invitational | Angola, Ind. | Zollner |
| Sept. 13–14 | Sun.-Mon. | The O'Brien Championship | Notre Dame, Ind. | Warren |
| Sept. 17 | Thurs. | MIAA Jamboree - Albion | Albion, Mich. | The Medalist |
| Sept. 23 | Wed. | MIAA Jamboree - Hope | Holland, Mich. | Macatawa Legends |
| Sept. 26–27 | Sat.-Sun. | TBA | TBA | TBA |
| Oct. 1 | Thurs. | MIAA Jamboree - Kalamazoo | Kalamazoo, Mich. | Milham Park |
| Oct. 3 | Sat. | MIAA Jamboree - Saint Mary's | South Bend, Ind. | Blackthorn |
| Oct. 9–10 | Fri.-Sat. | MIAA Championships | Battle Creek, Mich. | Bedford Valley |

HOME EVENTS IN BOLD

Subject to Change



Coach *Mark Hamilton*

Mark Hamilton enters his eighth season with Saint Mary's having led his squad to four consecutive MIAA championships. Hamilton piloted a squad that made their initial NCAA Championship showing in the 2003 championships, in which the team placed fourth in the country, and saw one of his golfers, Stefanie Simmerman, win the Individual Medalist honor in becoming the College's first national champion. The Belles have also qualified for the 2004, 2005, and 2009 NCAA Championships.

In the 2009 NCAA Championships, the Belles tied for their best single-round stroke total at the National Tournament with a 322 in the first day of the four-day tournament. In addition to national prominence, Hamilton has also helped the Belles be a consistent contender in the MIAA year after year. He has coached five different golfers to MIAA Season Medalist Honors.

Hamilton brings 20 years of experience as a professional instructor to his squad. After teaching at venues such as Medinah Country Club (Ill.), the Palm Beach Polo Club (Fla.), the Florida Golf School, and the US Golf Academy, he settled his family in South Bend

where he has been teaching for the past 14 years. Along with his position at Saint Mary's, he is the owner of Bobick's Golf Shop in Granger, Ind. Hamilton graduated from Ferris State University (Mich.) in 1989 with a bachelor's degree in marketing and a minor in Professional Golf Management. He resides in Granger, Ind., with his wife Michelle (Saint Mary's College '91) and their daughters Abigail, Lauren, and Holly.

Recap **Golf 2008**

After completing the fall portion of their season with a second place finish in MIAA play, the Belles were on a mission in the spring to overtake defending conference champion Olivet to claim the league's automatic qualifying bid to the NCAA Championships.

From the beginning of their spring schedule, it was evident that the Belles were on track to compete with some of the nation's elite programs. Playing against several nationally ranked teams at Southwestern and Wittenberg, the Belles earned second place finishes at both tournaments. Sophomore Emily Gore earned medalist honors at Wittenberg. Second-Team All-MIAA honoree Natalie Matuszak finished in a tie for fourth as she and Gore earned All-Tournament Team honors.

To determine the MIAA's automatic qualifier for the NCAA Championships, the league teams participated in three 18-hole qualifying rounds during the spring. The team with the lowest

stroke total over the three rounds earned the conference's automatic berth into the Championship. The Belles came out firing on all cylinders to clinch the automatic qualifier by 11 strokes over fall MIAA Champion Olivet.

In their fourth appearance at the NCAA Division III Championships, the Belles exceeded beyond their 17th place seeding in the 21 team field with a 10th place finish. Saint Mary's finished ahead of the likes of DePauw, Olivet, and Wheaton—all of which had higher seeded placements than the Belles entering the Championships. Gore finished off a stellar spring season with a 17th place individual finish.

Rosie O'Connor was one of 10 golfers named to the Great Lakes All-Region Team by the NGCA. The sophomore became the fifth Belle in the past six years and the youngest Saint Mary's golfer to earn MIAA Season Medalist honors at the MIAA Championships this past fall.

Fall Golf Results 2008

| DATE | EVENT | RESULTS |
|-------------|-------------------------|--|
| Aug. 30–31 | @ Bulldog Invitational | Day One - 337 (7th of 16) Total - 671 (9th of 16) |
| Sept. 4 | @ Olivet (MIAA #1) | 340 (3rd) |
| Sept. 13–14 | @ Dartmouth Fall Invite | Day One - 355 (16th) Day Two - 711 (17th) |
| Sept. 20 | @ Trine (MIAA #2) | 329 (2nd) |
| Sept. 24 | @ Calvin (MIAA #3) | 331 (2nd) |
| Sept. 30 | @ Adrian (MIAA #4) | 349 (3rd) |
| Oct. 4 | @ Manchester Invite | 341 (t-2nd) |
| Oct. 10–11 | @ MIAA Championship | Day One - 348 (2nd) Day Two - 685 (2nd) |

Spring Golf Results 2009

| DATE | EVENT | RESULTS |
|------------|---------------------------------|---|
| Mar. 30–31 | @ Southwestern Invite | Day One - 350 (3rd) Day Two - 689 (2nd) |
| Apr. 4–5 | @ Trine Invite | Day One - 339 (2nd) Day Two - withdrew |
| Apr. 9 | MIAA NCAA Qualifier | 325 (1st) |
| Apr. 18–19 | @ Wittenburg Invite | Day One - 318 (1st) Day Two - 644 (2nd) |
| Apr. 24–25 | @ MIAA NCAA Qualifier | Fri - 332 (1st) Sat - 334 (2nd) |
| May 13–16 | NCAA Division III Championships | Day One - 322 (t-5th) Day Two - 340 (662, t-12th) Day Three - 330 (992, 10th) Day Four - 326 (1,318, 10th) |

MIAA History

| YEAR | PLACE | COACH | MIAA CHAMPION |
|------|-------|---------------------|----------------------|
| 1998 | 4th | Theresa Pekarek | Hope College |
| 1999 | 3rd | Theresa Pekarek | Albion College |
| 2000 | 3rd | Theresa Pekarek | Albion College |
| 2001 | 3rd | Theresa Pekarek-Fry | Hope College |
| 2002 | 1st | Mark Hamilton | Saint Mary's College |
| 2003 | 1st | Mark Hamilton | Saint Mary's College |
| 2004 | 1st | Mark Hamilton | Saint Mary's College |
| 2005 | 1st | Mark Hamilton | Saint Mary's College |
| 2006 | 4th | Mark Hamilton | Olivet College |
| 2007 | 3rd | Mark Hamilton | Olivet College |
| 2008 | 2nd | Mark Hamilton | Olivet College |

SAINT MARY'S ALL-MIAA HONOREES

| YEAR | HONOR | NAMES |
|------|-------------|---|
| 1999 | Second Team | Natalie Cook (JR) |
| 2000 | Second Team | Jennifer Dewitt (FR), Kyle Veltri (SR) |
| 2001 | First Team | Stefanie Simmerman (FR) |
| | Second Team | Elizabeth Hanlon (SO), Megan Keleher (SR) |
| 2002 | First Team | Stefanie Simmerman (SO), Megan Mattia (FR) |
| | Second Team | Elizabeth Hanlon (JR), Chrissy Dunham (SO) |
| 2003 | First Team | Julia Adams (JR), Megan Mattia (SO), Stefanie Simmerman (JR) |
| 2004 | First Team | Stefanie Simmerman (SR), Julia Adams (SR), Chrissy Dunham (SR) |
| | Second Team | Megan Mattia (JR), Nicole Bellino (JR) |
| 2005 | First Team | Megan Mattia (SR) |
| | Second Team | Nicole Bellino (SR), Kirsten Fantom (SR), Katie O'Brien (SO) |
| 2006 | Second Team | Kate Doornbos (FR) |
| 2007 | First Team | Katie O'Brien (SR) |
| | Second Team | Emily Gore (FR) |
| 2008 | First Team | Rosie O'Connor (SO) |
| | Second Team | Natalie Matuszak (FR) |

ACADEMIC ALL-MIAA

| YEAR | NAME(S) |
|-----------|--|
| 1999–2000 | Natalie Cook (JR) |
| 2000–2001 | Natalie Cook (SR), Megan Keleher (JR) |
| 2001–2002 | Julia Adams (FR), Megan Keleher (SR) |
| 2002–2003 | Julia Adams (SO), Elizabeth Hanlon (JR) |
| | Kara Harms (SR), Molly Lee (SR) |
| | Kristina Maurer (SR), Jaclyn Thompson (JR) |
| 2003–2004 | Julia Adams (JR), Elizabeth Hanlon (SR) |
| | Erin McQueen (SO), Jaclyn Thompson (SR) |
| 2004–2005 | Julia Adams (SR), Helen Casey (SO), Erin McQueen (JR) |
| 2005–2006 | Erin McQueen (SR) |
| 2006–2007 | Kate Doornbos (FR), Perri Hamma (SO), Katie O'Brien (JR), Theresa Tonyan (FR) |
| 2007–2008 | Katie O'Brien (SR) |
| 2008–2009 | Perri Hamma (SR) |

MIAA CHAMPIONSHIP MEDALIST

| YEAR | NAME |
|-----------|----------------|
| 2002–2003 | Julia Adams |
| 2008–2009 | Rosie O'Connor |

NCAA DIVISION III CHAMPIONSHIP MEDALIST

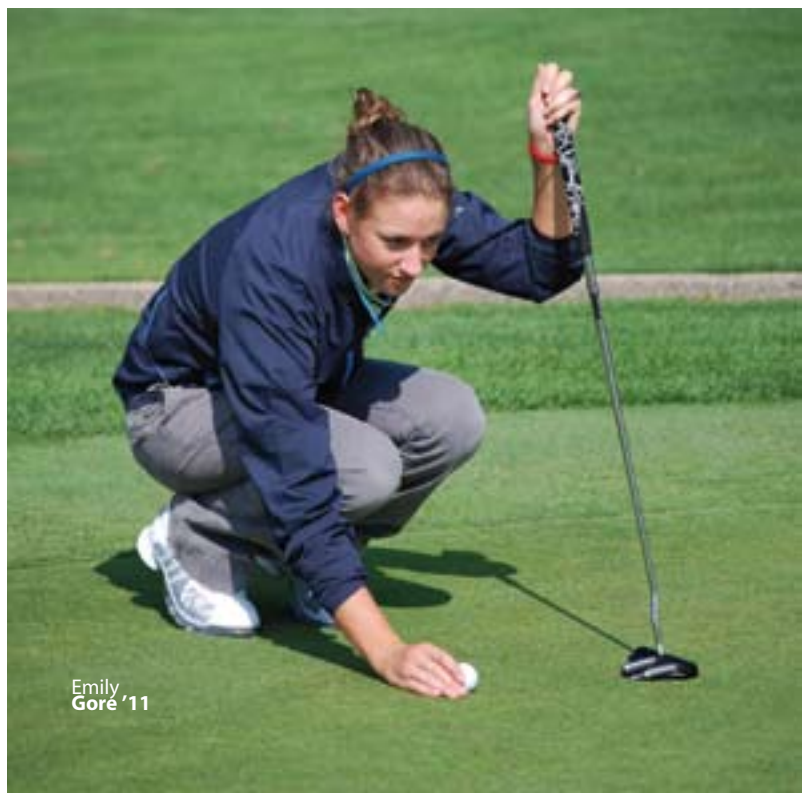
| YEAR | NAME |
|-----------|--------------------|
| 2002–2003 | Stefanie Simmerman |

MIAA SEASON MEDALIST

| YEAR | NAME |
|-----------|--------------------|
| 2002–2003 | Stefanie Simmerman |
| 2003–2004 | Julia Adams |
| 2005–2006 | Megan Mattia |
| 2007–2008 | Katie O'Brien |
| 2008–2009 | Rosie O'Connor |

ALL-MIAA ACADEMIC TEAM GPA

| YEAR | GPA |
|-----------|------|
| 2002–2003 | 3.33 |
| 2003–2004 | 3.34 |



Emily Gore '11

Overall Records



2009 NCAA Golf Championship 10th Place Finish

Individual Records

Individual Low Round (18 Holes)

| | |
|-------------------------|--|
| 73 – Stefanie Simmerman | (Sept. 5, 2004, Ferris State Invitational) |
| 73 – Stefanie Simmerman | (April 16, 2005, Illinois Wesleyan Spring Fling) |
| 73 – Julia Adams | (April 15, 2005, Illinois Wesleyan Spring Fling) |
| 74 – Stefanie Simmerman | (Sept. 18, 2004, Illinois Wesleyan Tournament) |
| 74 – Stefanie Simmerman | (Sept. 25, 2005, MIAA Jamboree) |
| 74 – Katie O'Brien | (Sept. 16, 2007, Illinois Wesleyan Fall Classic) |

Individual Low Round (18 Holes - MIAA Competition)

| | |
|-------------------------|------------------------------------|
| 74 – Stefanie Simmerman | (Sept. 25, 2004, MIAA Jamboree) |
| 76 – Julia Adams | (Sept. 11, 2004, MIAA Jamboree) |
| 76 – Katie O'Brien | (Sept. 8, 2007, MIAA Jamboree) |
| 77 – Julia Adams | (Oct. 9, 2004, MIAA Championships) |

Individual Low Round (36 Holes)

| | |
|--------------------------|---|
| 148 – Stefanie Simmerman | (April 14–15, 2004, Illinois Wesleyan Spring Fling) |
| 151 – Chrissy Dunham | (Sept. 17–18, 2004, Illinois Wesleyan Tournament) |
| 151 – Stefanie Simmerman | (Sept. 17–18, 2004, Illinois Wesleyan Tournament) |

Individual Low Round (36 Holes - MIAA Championships)

| | |
|--------------------------|-------------------|
| 155 – Julia Adams | (Oct. 9–10, 2004) |
| 157 – Stefanie Simmerman | (Oct. 9–10, 2004) |
| 161 – Julia Adams | (Oct. 4–5, 2002) |

Team Records

Team Low Round (18 Holes)

| | |
|--|------------------|
| 304 – Illinois Wesleyan Fall Tournament, Rd. 1 | (Sept. 18, 2004) |
| 305 – Illinois Wesleyan Spring Fling, Rd. 1 | (April 15, 2005) |
| 310 – Illinois Wesleyan Spring Fling, Rd. 2 | (April 16, 2005) |
| 310 – Illinois Wesleyan Fall Tournament, Rd. 2 | (Sept. 19, 2004) |
| 311 – Ferris State Invitational, Rd. 2 | (Sept. 5, 2004) |

Team Low Round (18 Holes - MIAA Competition)

| | |
|---------------------------------|------------------|
| 321 – MIAA Championships, Rd. 1 | (Oct. 9, 2004) |
| 321 – MIAA Jamboree | (Sept. 25, 2004) |
| 323 – MIAA Jamboree | (Sept. 28, 2002) |

Team Low Round (36 Holes)

| | |
|--------------------------------------|---------------------|
| 614 – Illinois Wesleyan Tournament | (Sept. 18–19, 2004) |
| 615 – Illinois Wesleyan Spring Fling | (April 15–16, 2005) |
| 636 – Ferris State Invitational | (Sept. 4–5, 2004) |

Team Low Round (36 Holes - MIAA Championships)

| | |
|-----|--------------------|
| 652 | (Oct. 9–10, 2004) |
| 679 | (Oct. 4–5, 2002) |
| 679 | (Oct. 10–11, 2003) |

Hole-in-One

| | |
|---------------|--|
| Katie O'Brien | (15th Hole, Tri-State Invitational, Aug. 26, 2006) |
|---------------|--|



Quick Fact

The golf team captured the MIAA's automatic qualifying bid for the NCAA Division III Championships to make their fourth appearance in the national tournament.

Soccer Outlook



Katelyn
Tondo-Steele '12

After going through a slight learning curve in 2008 with nine first-year players and a first year head coach, the Saint Mary's soccer team is geared up and ready to take the pitch in 2009.

Looking to bounce back, the Belles will return nine players who registered at least two points in 2008 to help dictate the offense this fall. Among those nine are senior Micki Hedinger and sophomore Katelyn Tondo-Steele, who ranked second and third in scoring on the team last season, respectively. Tondo-Steele is also one of six Belles returning who saw playing time in each contest in 2008. Colleen Ferguson and Michelle Marshall joined Tondo-Steele by appearing in each game last fall while also contributing to the Belles' scoring last year.

Another player for Saint Mary's who has been a mainstay on the field and will help spark success this season is senior co-captain Bridget Ronayne. Over the course of her career, Ronayne has played an integral role in a defense that has allowed one goal or less in 24 contests in the past three seasons.

Joining Ronayne and the defensive backline, senior goalkeeper Patty Duffy registered 81 saves while making 15 appearances in her first season as the team's starting netminder.

With the combination of strong veteran leadership in both the offensive front and the defensive backfield, the Belles look to break back into the top portion of the MIAA and claim their highest finish in league play in program history.

"I expect to see a team very hungry for results this fall."

—Ryan Crabbe



Colleen
Ferguson '10

"I expect to see a team very hungry for results this fall," commented second year head coach Ryan Crabbe. "With 16 returning players to this fall's squad, our expectations are understandably high. Our returning players know what it will take to get us into position to be where we can be and achieve our goals this season."

2009 Soccer Schedule

| DATE | DAY | OPPONENT | TIME | DATE | DAY | OPPONENT | TIME |
|-----------------|--------------|---------------------|---------------|----------------|--------------|------------------|----------------|
| Sept. 1 | Tues. | Holy Cross | 4 p.m. | Oct. 3 | Sat. | Trine * | 10 a.m. |
| Sept. 5 | Sat. | vs. Centre % | 7p.m. | Oct. 6 | Tues. | Calvin * | 4 p.m. |
| Sept. 6 | Sun. | vs. Transylvania % | Noon | Oct. 10 | Sat. | Alma * | Noon |
| Sept. 11 | Fri. | Otterbein ^ | 4 p.m. | Oct. 14 | Wed. | Elmhurst | 4 p.m. |
| Sept. 13 | Sun. | Manchester ^ | 2 p.m. | Oct. 17 | Sat. | @ Albion * | Noon |
| Sept. 16 | Wed. | @ Illinois Wesleyan | 7 p.m. | Oct. 20 | Tues. | Hope * | 4 p.m. |
| Sept. 18 | Fri. | @ Wilmington | TBA | Oct. 24 | Sat. | @ Kalamazoo * | Noon |
| Sept. 20 | Sun. | @ Hiram | TBA | Oct. 28 | Wed. | @ Olivet * | 4 p.m. |
| Sept. 25 | Fri. | Bethel # | 2 p.m. | Oct. 31 | Sat. | MIAA 1st Round | TBA |
| Sept. 26 | Sat. | Marian # | 2 p.m. | Nov. 3 | Tues. | MIAA Semi-finals | TBA |
| Sept. 30 | Wed. | @ Adrian * | 4 p.m. | Nov. 7 | Sat. | MIAA Finals | TBA |

HOME EVENTS IN BOLD

Subject to Change

% - Centre College Tournament # - SMC Fall Classic
^ - Saint Mary's Invitational * - MIAA Contest

Coach *Ryan Crabbe*



Ryan Crabbe embarks on his second season as the head coach of the Saint Mary's soccer squad in 2009. Prior to arriving at Saint Mary's, Crabbe served as the assistant coach at Columbus State University. During his three years with the Cougars he helped guide them to consecutive Peach Belt tournament championships in 2006 and 2007. In addition to their post-season success, Columbus State won the league's regular season title during all three seasons he served under head coach Jay Entlich.

Columbus State qualified for the NCAA Division II tournament in 2006 and 2007. They earned a berth into the Elite 8 in 2007 and ended the season ranked fifth in the country. During his tenure, the Cougars went a combined 53-14-3 as he coached nine different players who earned All-Conference honors.

The native of Atlanta, Ga., is a certified United States Soccer Federation "A" licensed coach, which is the highest classification the USSF offers. Crabbe earned his bachelor's degree at Georgia State in film and video where he graduated magna cum laude in 2004. He went on to earn his master of education degree from Columbus State in 2007. He was a four-year collegiate soccer player at Augusta State (Ga.) from 1993-1996.

Crabbe and his wife Jennifer were married in December 2006. They reside in Mishawaka with their infant son Matthew.

Recap Soccer 2008

2008 proved to be a rebuilding year for the Saint Mary's soccer team. Under the leadership of first year head coach Ryan Crabbe, the Belles showed their ability to adapt and adjust throughout the season.

After dropping their first three contests of the season, the Belles responded in a big way when they traveled to North Central College for the Sal Vacarro Tournament. Having claimed the championship in 2007, the Belles were ready to defend their title in 2008. Coach Crabbe and company picked up their first win of the season with a 2-0 victory over Mount Mercy in the first match of the weekend. The Belles then tied with the hosts from North Central but claimed the tournament title win 4-3 in a shootout.

In spite of falling by one goal in eight different contests on the year, the Belles had a lot of production from a variety of players all season. Eleven different players, six of which were freshmen, registered at least one point for the Belles in the fall. Senior co-captain Lauren Hinton led all Belles with five goals and added two assists for a team-best 12 points. At the conclusion of the season, Hinton was named to the All-MIAA Second Team.

Junior Micki Hedinger (3) and freshman Katelyn Tondo-Steele (2) also scored multiple goals for the Belles in 2008.



Soccer Results 2008

| DATE | OPPONENT | RESULTS | DATE | OPPONENT | RESULTS |
|----------|--------------------|-----------------|---------|---------------|--------------|
| Aug. 30 | @ Case Western ! | L, 4-1 | Oct. 4 | @ Hope * | L, 2-1 (2OT) |
| Aug. 31 | vs. Hiram ! | L, 3-1 | Oct. 7 | @ Adrian * | L, 1-0 |
| Sept. 3 | @ Manchester | L, 2-1 | Oct. 11 | Calvin * | L, 4-0 |
| Sept. 13 | vs. Mount Mercy \$ | W, 2-0 | Oct. 15 | Trine * | W, 4-0 |
| Sept. 14 | @ North Central \$ | T, 1-1 (4-3 SO) | Oct. 21 | Alma * | L, 2-1 |
| Sept. 17 | Hope | L, 2-1 | Oct. 25 | @ Kalamazoo * | L, 1-0 (OT) |
| Sept. 27 | @ Olivet * | L, 3-1 | Oct. 29 | @ Albion * | L, 2-1 |
| Oct. 1 | Illinois Wesleyan | L, 2-1 | Nov. 1 | @ Calvin | L, 6-0 |

* denotes MIAA competition

! - Case Western Invitational (Cleveland, Ohio)

\$ - North Central Tournament (Naperville, Ill.)

MIAA History

| YEAR | PLACE | COACH | MIAA CHAMPION |
|------|-------|-----------------|-------------------|
| 1998 | T-5th | Robert Sharp | Kalamazoo College |
| 1999 | 6th | Jason Milligan | Kalamazoo College |
| 2000 | 7th | Jason Milligan | Albion College |
| 2001 | 7th | Bobby Johnston | Albion College |
| 2002 | 5th | Chris Pfau | Albion College |
| 2003 | T-4th | Peter Haring | Hope College |
| 2004 | 5th | Caryn MacKenzie | Hope College |
| 2005 | 3rd | Caryn MacKenzie | Hope College |
| 2006 | 4th | Caryn MacKenzie | Calvin College |
| 2007 | 5th | Caryn MacKenzie | Calvin College |
| 2008 | 8th | Ryan Crabbe | Calvin College |

SAINT MARY'S ALL-MIAA HONOREES

| YEAR | HONOR | NAMES |
|-----------|-------------|---|
| 1999-2000 | First team | Katy Barger (SR) |
| 2001-2002 | Second Team | Jennifer Concannon (FR) |
| 2002-2003 | First Team | Jennifer Concannon (SO) |
| | Second Team | Lynn Taylor (SR) |
| 2003-2004 | First Team | Jennifer Concannon (JR), Carrie Orr (SO) |
| | Second Team | Carolyn Logan (FR), Katie Taylor (JR) |
| 2004-2005 | First Team | Jen Concannon (SR), Katie Taylor (SR) |
| | Second Team | Ashley Hinton (SO) |
| 2005-2006 | First Team | Carrie Orr (SR), Ashley Hinton (JR) |
| | Second Team | Lauren Hinton (FR) |
| 2006-2007 | First Team | Ashley Hinton (SR) |
| | Second Team | Lauren Hinton (SO) |
| 2007-2008 | Second Team | Justine Higgins (SR) |
| 2008-2009 | Second Team | Lauren Hinton (SR) |

ACADEMIC ALL-MIAA

| YEAR | NAME(S) |
|-----------|--|
| 1998-1999 | Katy Barger (JR), Adrian Kirby (FR), Laura Paulen (SO) |
| 1999-2000 | Katy Barger (SR), Ellen Blystone (SO), Elizabeth Coley (SR), Rachel Egger (JR) |
| 2000-2001 | Stephanie Artnak (FR), Kristin Greenwood (FR), Wendy Irvin (FR), Adrian Kirby (JR), Laura Metzger (FR), Laura Paulen (SR), Kristen Priganc (JR), Lynn Taylor (SO) |
| 2001-2002 | Shannon Artnak (FR), Stephanie Artnak (SO), Adrian Kirby (SR), Heather Muth (FR), Lynn Taylor (JR), Katie Taylor (JR), Emily Wagoner (FR) |
| 2002-2003 | Shannon Artnak (SO), Stephanie Artnak (JR), Elizabeth Fortman (SO), Maureen MacDonald (SO), Carrie Orr (FR), Maura Schoen (FR) |
| 2003-2004 | Stephanie Artnak (SR), Sarah Budd (FR), Katie Green (SR), Carrie Orr (SO), Maura Schoen (SO), Katie Taylor (JR), Emily Wagoner (JR) |
| 2004-2005 | Nicole Leach (SO), Carrie Orr (JR), Maura Schoen (JR), Caroline Stancukas (SO), Katie Taylor (SR) |
| 2005-2006 | Sarah Budd (JR), McKenna Keenan (JR), Carrie Orr (SR), Maura Schoen (SR), Mandy Thomson (FR) |
| 2006-2007 | Sarah Budd (SR), Sam Goudreau (FR), Micki Hedinger (FR), Ashley Hinton (SR), Nicole Leach (SR), Jessica Slean (FR), Mandy Thomson (SO) |

ACADEMIC ALL-MIAA (Continued)

| YEAR | NAME(S) |
|-----------|---|
| 2007-2008 | Patty Duffy (SO), Sam Goudreau (SO), Micki Hedinger (SO), Lauren Hinton (JR), Jessica Slean (SO), Mandy Thomson (JR) |
| 2008-2009 | Patty Duffy (JR), Whitney Fron (SR), Sam Goudreau (JR), Julie Hamilton (FR), Corissa Hart (SO), Micki Hedinger (JR), Lauren Hinton (SR), Bridget Ronayne (JR), Jessica Slean (JR), Katelyn Tondo-Steele (FR), Lauren Unger (FR), Katie Wehrli (JR) |

ALL-MIAA ACADEMIC TEAM GPA

| YEAR | GPA |
|-----------|------|
| 2003-2004 | 3.35 |
| 2006-2007 | 3.43 |
| 2007-2008 | 3.34 |
| 2008-2009 | 3.41 |



Micki Hedinger '10

Overall Records

Individual Season Records

MIAA Competitions - Since 1998 Season

Most Goals

| | | |
|----|---------------|------|
| 14 | Lauren Hinton | 2005 |
| 12 | Ashley Hinton | 2004 |
| 11 | Jen Concannon | 2002 |

Most Assists

| | | |
|---|-------------------|------------------|
| 6 | Jen Concannon | 2001, 2003, 2004 |
| 5 | Four Players tied | |

Most Points

| | | |
|----|---------------|------------|
| 30 | Lauren Hinton | 2005 |
| 26 | Jen Concannon | 2001, 2002 |
| | Ashley Hinton | 2004 |

Fewest Goals Allowed

| | | |
|----|-------------------|------------|
| 7 | Laura Heline | 2006 |
| 14 | Laura Heline | 2003, 2005 |
| | Brie Gershick | 1999 |
| 21 | Maureen MacDonald | 2002 |

Most Saves

| | | |
|-----|-------------------|------|
| 105 | Laura Heline | 2005 |
| 104 | Maureen MacDonald | 2002 |
| 103 | Maureen MacDonald | 2001 |

Most Shut-outs

| | | |
|---|---------------|------|
| 8 | Laura Heline | 2003 |
| 5 | Laura Heline | 2004 |
| 4 | Laura Heline | 2005 |
| | Joanne Wagner | 1998 |

Team Season Records

MIAA Competitions - Since 1998 Season

Most Goals

| | |
|----|------|
| 50 | 2004 |
| 35 | 2005 |
| 31 | 2002 |

Most Assists

| | |
|----|------------|
| 32 | 2004 |
| 25 | 2001 |
| 22 | 2003, 2005 |

Most Points

| | |
|-----|------|
| 132 | 2004 |
| 92 | 2005 |
| 82 | 2003 |



Fewest Goals Allowed

| | |
|----|------------|
| 14 | 1999, 2003 |
| 15 | 2005 |
| 21 | 2002 |

Most Saves

| | |
|-----|------|
| 109 | 2001 |
| 108 | 2005 |
| 105 | 2002 |

Most Shut-outs

| | |
|---|------------|
| 8 | 2003 |
| 5 | 2004, 2005 |
| 4 | 1998 |



Quick Fact

Nine players who registered at least two points on the season for the Belles in 2008 will return to the squad in 2009.

Volleyball Outlook



Meg
Rose '11

In 2009, the Saint Mary's volleyball team will have a new head coach to lead some strong veteran players as the Belles look to climb to the top of the MIAA. Under the leadership of first-year head coach Toni Kuschel, the Belles hope to break into the top three of the league for the first time in more than a decade.

Playing a big role for the success of the Belles this fall will be senior Lorna Slupczynski. The outside hitter has gained recognition from the conference coaches at the conclusion of each season of her collegiate career, including back-to-back All-MIAA Second Team honors as a sophomore and junior. Last season, Slupczynski became just the third player to surpass 1,000 career kills and digs as she moves to cement herself as one of the best players ever to suit up for the Belles.

Helping to execute the offense in 2009 could be sophomore Danie Brink. The setter led the team last season in assists with 693 while sharing team-high honors for service aces with 30 in her rookie campaign with the Belles.

On the defensive end, the Belles will look to a pair of juniors to set the pace in the fall. Libero Meg Rose and defensive specialist Ellen Huelsmann emerged as leaders in the backcourt last fall. Rose led the team with 465 digs while earning MIAA Specialty Player of the Week honors in 2008. Huelsmann, meanwhile, played in all but three sets last fall and is the third-leading returning Belle in digs from last season. "I'm very excited about getting started and working on getting this team into the top of the MIAA," Kuschel commented. "With our strong veteran experience returning from last season and some talented incoming athletes, I believe we're primed to have a strong season."

The Belles will look to break into the top three of the league for the first time in over a decade.



2009 Volleyball Schedule

| DATE | DAY | LOCATION | TIME | DATE | DAY | LOCATION | TIME |
|-----------------|--------------|---------------------------------------|---------------|----------------|--------------|------------------------|---------------|
| Sept. 1 | Tues. | Bethel | 7 p.m. | Oct. 6 | Tues. | Calvin * | 7 p.m. |
| Sept. 4-5 | Fri.- Sat. | @ Capital University (Columbus, Ohio) | TBA | Oct. 9 | Fri. | @ Trine * | 7 p.m. |
| Sept. 8 | Tues. | Trine * | 7 p.m. | Oct. 10 | Sat. | Adrian * | 1 p.m. |
| Sept. 11 | Fri. | @ Adrian * | 7 p.m. | Oct. 14 | Wed. | @Alma * | 7 p.m. |
| Sept. 12 | Sat. | Alma * | 1 p.m. | Oct. 20 | Tues. | Hope * | 7 p.m. |
| Sept. 16 | Wed. | @ Hope * | 7 p.m. | Oct. 23 | Fri. | @ Olivet * | 7 p.m. |
| Sept. 22 | Tues. | Olivet * | 7 p.m. | Oct. 28 | Wed. | Albion * | 7 p.m. |
| Sept. 24 | Thurs. | @ Manchester | 7 p.m. | Oct. 30 | Fri. | @ Kalamazoo * | 7 p.m. |
| Sept. 26 | Sat. | @Albion * | 1 p.m. | Oct. 31 | Sat. | @ Calvin * | 11 a.m. |
| Sept. 30 | Wed. | Kalamazoo * | 7 p.m. | Oct. 31 | Sat. | vs. Hanover (@ Calvin) | 1 p.m. |
| Oct. 2-3 | Fri.- Sat. | @ Augusta College (Rock Island, Ill.) | TBA | Nov. 3 | Tues. | MIAA 1st Round | TBA |
| | | | | Nov. 6 | Fri. | MIAA Semi-finals | TBA |
| | | | | Nov. 7 | Sat. | MIAA Finals | TBA |

HOME MATCHES IN BOLD

Subject to Change

* - MIAA Match



Coach *Toni Kuschel*

Toni Kuschel was appointed head volleyball coach in the fall of 2009 for the Belles.

Originally from Pine River, Minn., Kuschel is a 1999 graduate from Pine River-Backus High School. After a successful prep career in volleyball and softball, Kuschel (then Elyea) went on to play collegiate volleyball and softball at Central Lakes College from 2000–01. During her time at Central Lakes, she was a part of two state, regional, and national championship volleyball teams. She also was the starting catcher both seasons for championship winning teams at Central Lakes.

From Central Lakes, Kuschel went on to gain her bachelor's degree from St. Cloud State University. Most recently, Kuschel has been coaching for the North Country Region Junior Olympic volleyball program for the past eight years as well as serving as an assistant volleyball coach at Mesabi Range College in Virginia, Minn.

She will bring eight years of coaching experience with her to Saint Mary's from coaching many successful teams at the high school, Junior Olympic and collegiate levels. Kuschel is a 2002 graduate of Central Lakes College where she earned an associate's degree before going on to earn a bachelor's degree in recreation and sport management from St. Cloud State University in 2005.

Recap Volleyball 2008

The Belles made great strides for a season full of success on the court in 2008. Coach Julie Schroeder-Biek pushed her team to an 18–11 overall finish and a 9–7 MIAA conference record.

The Belles had great success in the three tournaments in which they participated in the fall. The Saint Mary's team went 3–1 in their first tournament on the season at the Thomas Moore Invitational in Kentucky. They also claimed third place in the Tiger Invitational at DePauw and the MIT Invitational. Individual successes also came for the Belles at all three tournaments—senior Cathy Kurczak and junior Lorna Slupczynski were named to the All-Tournament team at Thomas Moore; Slupczynski at DePauw; and freshman Danie Brink at MIT.

On September 4, the Belles traveled to cross-town rival Bethel, where they claimed a victory over the Pilots for the first time in 14 years. This year also marked the highest number of matches won since the 1996 campaign (20).

Outstanding performances by Kurczak, Slupczynski, and senior Kaela Hellmann were great contributing factors for the team's success. Kurczak was named to the All-MIAA Second-Team. Slupczynski's performance also earned her MIAA Second-Team honors while reaching two milestones in a single match as she surpassed the 1,000 mark on her career for both categories in a win over Albion.

With a respectable conference record of 9–7, the Belles captured fourth place in the highly competitive MIAA, which also allowed them to host the first round of MIAA tournament competition. It was the third-straight year that Saint Mary's has hosted a first-round match of the MIAA tournament.

Volleyball Results 2008

| DATE | OPPONENT | RESULTS |
|-----------------|----------------------|---------------|
| Aug. 30 | vs. Spalding ! | W, 3–1 |
| | vs. Earlham ! | W, 3–0 |
| Aug. 31 | vs. PSU-Behrend ! | L, 3–2 |
| | vs. Kenyon ! | W, 3–0 |
| Sept. 2 | Adrian | L, 3–0 |
| Sept. 4 | @ Bethel | W, 3–2 |
| Sept. 9 | @ Hope | L, 3–0 |
| Sept. 11 | Olivet * | W, 3–0 |
| Sept. 17 | Albion * | W, 3–1 |
| Sept. 19 | vs. North Central \$ | W, 3–1 |
| | vs. DePauw \$ | L, 3–1 |

| DATE | OPPONENT | RESULTS |
|-----------------|--------------------|---------------|
| Sept. 20 | vs. Anderson \$ | W, 3–2 |
| | vs. Gallaudet \$ | W, 3–2 |
| | (3rd/4th) | |
| Sept. 23 | Kalamazoo * | W, 3–1 |
| Sept. 27 | @ Calvin * | L, 3–0 |
| | vs. Adrian * | W, 3–0 |
| Oct. 1 | Trine * | W, 3–1 |
| Oct. 3 | @ Alma * | L, 3–1 |
| Oct. 7 | Hope * | L, 3–0 |
| Oct. 11 | vs. Alma * | W, 3–1 |
| | @ Olivet * | W, 3–0 |
| Oct. 14 | Calvin * | L, 3–0 |

| DATE | OPPONENT | RESULTS |
|---------------|----------------|---------------|
| Oct. 18 | vs. Millikin ^ | W, 3–2 |
| | vs. MIT ^ | L, 3–1 |
| | vs. WNEC ^ | W, 3–0 |
| Oct. 22 | @ Kalamazoo * | W, 3–1 |
| Oct. 23 | @ Albion * | W, 3–2 |
| Oct. 29 | @ Trine * | L, 3–0 |
| Nov. 4 | Adrian | L, 3–1 |

HOME MATCHES IN BOLD

* - Denotes MIAA competition
 ! - Thomas More Invitational (Crestview Hills, Ken.)
 \$ - DePauw Invitational (Greencastle, Ind.)
 ^ - MIT Tournament (Boston, Mass.)

MIAA History

| YEAR | PLACE | COACH | MIAA CHAMPION |
|------|-------|----------------------|----------------|
| 1998 | 3rd | Jennie Joyce | Hope College |
| 1999 | 4th | Randa Shields | Calvin College |
| 2000 | 7th | Julie Schroeder-Biek | Hope College |
| 2001 | T-7th | Julie Schroeder-Biek | Alma College |
| 2002 | 8th | Julie Schroeder-Biek | Alma College |
| 2003 | 6th | Julie Schroeder-Biek | Alma College |
| 2004 | 7th | Julie Schroeder-Biek | Alma College |
| 2005 | T-5th | Julie Schroeder-Biek | Hope College |
| 2006 | T-4th | Julie Schroeder-Biek | Calvin College |
| 2007 | 5th | Julie Schroeder-Biek | Calvin College |
| 2008 | 4th | Julie Schroeder-Biek | Hope College |

SAINT MARY'S ALL-MIAA HONOREES

| YEAR | HONOR | NAMES |
|-----------|-------------|------------------------|
| 1998–1999 | First Team | Agnes Bill (JR) |
| | Second Team | Suzanne Martin (FR) |
| 1999–2000 | First Team | Agnes Bill (SR) |
| | Second Team | Angela Meyers (JR) |
| 2000–2001 | First Team | Kristen Playko (FR) |
| 2003–2004 | Second Team | Anne Cusack (JR) |
| 2005–2006 | First Team | Anne Cusack (SR) |
| | Second Team | Kristen Playko (SR) |
| 2007–2008 | Second Team | Lorna Slupczynski (SO) |
| 2008–2009 | Second Team | Cathy Kurczak (SR) |
| | Second Team | Lorna Slupczynski (JR) |

ACADEMIC ALL-MIAA TEAM GPA

| YEAR | TEAM GPA |
|-----------|----------|
| 1998–1999 | 3.36 |
| 1999–2000 | 3.43 |
| 2000–2001 | 3.30 |
| 2003–2004 | 3.35 |
| 2005–2006 | 3.32 |
| 2006–2007 | 3.34 |
| 2008–2009 | 3.32 |

MIAA PLAYER OF THE YEAR

| YEAR | NAME(S) |
|------|---|
| 2006 | Anne Cusack (Defensive) Lorna Slupczynski (Freshman) |

ACADEMIC ALL-MIAA

| YEAR | NAMES |
|-----------|--|
| 1998–1999 | Victoria Butcko (SO), Megan Jardina (SO), Suzanne Martin (FR), Mary Rodovich (JR) |
| 1999–2000 | Victoria Butcko (JR), Suzanne Martin (SO), Kristen Matha (FR), Jayne Ozbolt (FR), Mary Rodovich (SR) |
| 2000–2001 | Victoria Butcko (SR), Leigh Ann Matesich (FR) |
| 2001–2002 | Jaime Dineen (SR), Angela Meyers (SR), Jenny Wilkins (FR) |
| 2002–2003 | Michelle Gary (SO), Julianne Miller (FR), Talia Matury-Vacaro (FR), Jenny Wilkins (FR) |
| 2003–2004 | Michelle Gary (JR), Elise Rupright (JR), Emily Seif (FR) |
| 2004–2005 | Stephanie Bauer (FR), Shelly Bender (JR), Michelle Gary (SR), Marisa Gross (FR), Elise Rupright (SR) |
| 2005–2006 | Shelly Bender (SR), Anne Cusack (JR), Marisa Gross (SO), Kaela Hellman (FR), Talia Matury-Vacaro (SR), Kristen Playko (JR) |
| 2006–2007 | Ann Carpenter (SR), Anne Cusack (SR), Amanda David (JR), Marisa Gross (JR), Kaela Hellmann (SO), Liana Rohr (FR) |
| 2007–2008 | Amanda David (SR), Marisa Gross (SR), Liana Rohr (SO) |
| 2008–2009 | Kaela Hellmann (SR), Kathleen Mills (JR), Maddy Peterek (FR), Liana Rohr (JR), Meg Rose (SO) |



Kathleen Mills '10

Overall Records

Career Records

KILLS

| | | |
|-------|----------------|---------------|
| 1,455 | Agnes Bill | 1996–99 |
| 1,269 | Kristen Playko | 2003, 2005–06 |
| 1,243 | Karen Lorton | 1989–92 |

ASSISTS

| | | |
|-------|------------------|---------|
| 3,289 | Michelle Martino | 1990–93 |
| 2,898 | Amanda David | 2004–07 |
| 1,829 | Mary McCarthy | 1986–89 |

DIGS

| | | |
|-------|---------------|-----------|
| 1,924 | Anne Cusack | 2003–06 |
| 1,678 | Angela Meyers | 1998–2001 |
| 1,427 | Meg Kelly | 1994–97 |

SERVICE ACES

| | | |
|-----|---------------|---------|
| 172 | Agnes Bill | 1996–99 |
| 138 | Katy Killilea | 1987–90 |
| 134 | Karen Lorton | 1989–92 |

Season Records

KILLS

| | | |
|-----|----------------|------|
| 496 | Kristen Playko | 2003 |
| 443 | Karen Lorton | 1992 |
| 442 | Angela Meyers | 2000 |

KILLS/GAME

| | | |
|------|----------------|------|
| 4.98 | Karen Lorton | 1992 |
| 4.77 | Kristen Playko | 2003 |
| 4.25 | Angela Meyers | 2000 |

ASSISTS

| | | |
|-------|----------------|------|
| 1,254 | Suzanne Martin | 1998 |
| 1,088 | Courtney Love | 1996 |
| 1,080 | Lauren Temple | 2003 |

DIGS

| | | |
|-----|---------------|------|
| 644 | Anne Cusack | 2006 |
| 552 | Anne Cusack | 2005 |
| 550 | Angela Meyers | 1998 |

SERVICE ACES

| | | |
|----|----------------|------|
| 55 | Katy Killilea | 1990 |
| 54 | Kristen Playko | 2003 |
| 51 | Agnes Bill | 1996 |

HITTING PERCENTAGE

| | | |
|------|-----------------|------|
| .512 | Karen Lorton | 1992 |
| .445 | Karen Lorton | 1991 |
| .366 | Julie Schroeder | 1986 |

Season Records (continued)

BLOCK SOLOS

| | | |
|-----|-------------------|------|
| 110 | Karen Lorton | 1991 |
| 87 | Tami Suth | 1987 |
| 75 | Michelle Sibilsky | 1987 |

BLOCK ASSISTS

| | | |
|-----|-------------------|------|
| 137 | Julie Schroeder | 1986 |
| 128 | Michelle Sibilsky | 1987 |
| 98 | Betsy Connolly | 1994 |

Match Records

KILLS

| | | |
|----|--------------------------|------|
| 38 | Angela Meyers vs. Adrian | 2000 |
| 37 | Angela Meyers vs. Albion | 2000 |
| 32 | Angela Meyers vs. Beloit | 2000 |

ASSISTS

| | | |
|----|--------------------------------|------|
| 74 | Michelle Martino vs. U of Indy | 2003 |
| 70 | Suzanne Martin vs. Defiance | 1998 |
| 68 | Amanda David vs. Alma | 2006 |

DIGS

| | | |
|----|---------------------------------|------|
| 41 | Anne Cusack vs. Tri-State | 2005 |
| 40 | Anne Cusack vs. Tri-State | 2005 |
| 40 | Kim Bransetter vs. Saint Xavier | 1992 |

SERVICE ACES

| | | |
|---|--------------------------------|------|
| 9 | Michelle Martino vs. Concordia | 1990 |
| 9 | Sara Stroncsek vs. Carroll | 1994 |
| 8 | Agnes Bill vs. Concordia | 1996 |

HITTING PERCENTAGE (min. 15 attempts)

| | | |
|------|---------------------------------------|------|
| .742 | Karen Lorton vs. North Central | 1992 |
| .684 | Lorna Slupczynski vs. John Carroll | 2006 |
| .652 | Karen Lorton vs. Concordia | 1991 |

BLOCK SOLOS

| | | |
|----|---------------------------------|------|
| 16 | Karen Lorton vs. Chicago State | 1991 |
| 12 | Karen Lorton vs. Wisc. Lutheran | 1991 |
| 10 | Jolie Le Beau vs. Manchester | 2000 |
| | Karen Lorton vs. Hillsdale | 1991 |

BLOCK ASSISTS

| | | |
|----|---------------------------------|------|
| 13 | Jayne Ozbolt vs. Alma | 1998 |
| 12 | Mary Wheeler vs. Wisc. Lutheran | 1991 |
| 12 | Sara Stroncsek vs. Concordia | 1993 |



Quick Fact

The 18 wins by the volleyball team in 2008 marks the most wins by the team in more than a decade.

Belles Athletic Experience

Thinking "Pink"

The Saint Mary's Athletic Department and student-athletes take an interest in helping to raise awareness and increase support for those affected by breast cancer. The American Volleyball College Association and the Women's Basketball Coaching Association each sponsor annual events to help increase awareness and support for the cause on high school and college campuses across the nation.

Last year, the volleyball and basketball teams raised over \$3,000 for local breast cancer awareness and survivor groups.



Student-Athlete Advisory Committee

"The mission of the NCAA Student-Athlete Advisory Committee is to enhance the total student-athlete experience by promoting opportunity, protecting student-athlete welfare, and fostering a positive student-athlete image."

In 1989, the NCAA adopted the idea to have an association-wide Student Athlete Advisory Committee, better known as SAAC, to review and protect the welfare of student-athletes.

At Saint Mary's, the SAAC goes above and beyond the call to serve as a liaison between athletes and the athletic administration each year. The SAAC sponsors three holiday-themed parties for various groups in the South Bend community. Each team also performs an on- and off-campus community service project each year. In the past, teams have done several different community service projects, which have included



reading to local elementary school classes, raising money and participating in the St. Margaret's House Winter Walk, and helping clean up the Saint Mary's campus.

Faculty Advisors

Each varsity team has a faculty advisor who plays an active role in monitoring the academic progress of student-athletes while supporting the Belles on the sidelines. The faculty advisor helps to serve as a liaison between academic programs and the athletic department and administration. Each advisor makes themselves available to assist any student-athlete with academic issues, such as declaring a major or a minor, or with scheduling and keeping up with work in and out of season.

CHAMPS/Life Skills

Saint Mary's College was selected among a number of applicants to join the CHAMPS (Challenging Athletes Minds for Personal Success)/Life Skills program that focuses on assisting student-athletes in areas of academics, athletics, personal development, career development, and community service. Head softball coach Erin Sullivan, an alumna and former Saint Mary's student-athlete, is directing the Saint Mary's effort in hopes of enriching the present and future careers of Saint Mary's student-athletes in and out of the

playing arena. It will be among Sullivan's responsibilities to monitor the academic progress of the student-athletes at the College through individual mentoring.

Originally implemented in 1994 by the NCAA Foundation, the program has grown from 46 institutions to more than 650 and is now overseen by the NCAA Education Outreach staff.

Athlete of the Week

For the past three years, the Saint Mary's College athletic department honors an outstanding student-athlete each week as the Saint Mary's Athlete of the Week for their various contributions to the College as well as the athlete's team and the athletic department.

Athletic Hall of Fame

In 1993, former Athletic Director JoAnn Nester created the Saint Mary's College Athletic Hall of Fame to recognize outstanding Saint Mary's athletes, coaches, and athletic administrators for their numerous contributions to Saint Mary's athletics. Since the inception of the Hall of Fame 15 years ago, 26 individuals and one team have been inducted.

Team Chaplains

Each varsity team at Saint Mary's has one very special fan that helps to foster the bond between the College and the Sisters of the Holy Cross. The team chaplain initiative pairs up a sister with a varsity team. Each sister passionately and vigilantly cheers on her team from the sidelines while also sparking an interest with other sisters at the convent.



For more information visit saintmarys.edu/saac

Belles Athletic Facilities



Angela Athletic Facility

Since its dedication more than 30 years ago, Angela Athletic Facility has served as the home of the Saint Mary's College basketball and volleyball teams.

In the past three seasons, the volleyball and basketball squads have combined to win 37 home competitions while hosting six MIAA Tournament contests over that same span. During the 2008–09 school year, the basketball team won 10 home contests, including the first MIAA Tournament Semifinal contest played at Angela Athletic Facility.

Over the years, Angela Athletic Facility has also played host to the College's former gymnastics and fencing teams. In 1990, the Facility was the site of the NCAA Division I Championship for women's fencing through the University of Notre Dame.



Soccer Field

Over the past five seasons at the Saint Mary's College soccer field, the Belles have posted a 17–9–2 record in league matches. In 2007, the Belles recorded three shutouts in their seven home contests. Nine different players have earned first- or second-team all-conference honors while calling the Saint Mary's College soccer field home.

Softball Field

The Belles put together their fourth consecutive winning season at the Saint Mary's softball field in 2009. The softball team has won 34 home contests since the 2006 season, including 14 doubleheader sweeps. Last season, Angela Gillis threw the third no-hitter at the Saint Mary's softball field since 2006.

Tennis Courts

The Belles have experienced a great deal of success on their home courts. Last season, the tennis team put together their fourth consecutive season with at least 10 dual match victories. Since joining the MIAA over a decade ago, the Saint Mary's tennis courts have been home to nine different players who have earned either first or second team all-conference honors as well as three MIAA Sue Little Award winners.

Sports Medicine Staff



Nich Hoover, ATC

Nich Hoover joined the Saint Mary's College staff during the summer of 2008.

Prior to coming to the College, he spent the previous three years working with the Saint Joseph Regional Medical Center in South Bend, where he was placed at South Bend Clay High School as an on-site athletic trainer. While at Clay, Hoover worked with over 600 student-athletes in and out of season with injury prevention and rehabilitation, and strength and conditioning programs.

During the summer of 2008, Hoover served as the head athletic trainer for the U-20 team at the United States Rugby Sports Performance Camp. He has been a volunteer athletic trainer for South Bend's annual Sports Fest as well as the National Youth Sports Camp.

A 2005 graduate of Manchester College with a bachelor's degree in athletic training, Hoover is a board-certified athletic trainer (ATC). He also holds various certifications in health and wellness related areas, including first aid certification from the Red Cross and automated external defibrillator certification from the American Heart Association.



Dr. Stephen Simons, MD, FACSM

Dr. Stephen Simons, MD, FACSM, serves as the team physician for each of the eight varsity teams at Saint Mary's through the Women's Health Center.

Dr. Simons has a wealth of experience in the realm of Sports Medicine as a practicing physician with the Saint Joseph Regional Medical Center's Sports Medicine Institute. Over his career, Dr. Simons has been a volunteer physician for United States Olympic athletes at the Athens Summer Games in 2004 and the Salt Lake City Winter Olympics in 2002.

He has served on the Board of Directors for the American Medical Society for Sports Medicine while being featured in numerous publications and sports medicine reports.

A member of several medical societies, including the American College of Sports Medicine and the American Orthopedic Society for Sports Medicine, Dr. Simons is a co-director of the South Bend Sports Medicine Fellowship.

Dr. Stephen Simons

c/o Women's Health
50 Holy Cross Hall

(574) 284-4805 • health@saintmarys.edu

Women's Health Center

Women's Health, located in Holy Cross Hall, supports the educational mission of the College while being committed to helping students become self-directed health advocates. Staffed by licensed registered nurses, mental health counselors, and social workers, Women's Health also provides on-site treatment from licensed and certified physicians, nurse practitioners, dietitians, and nutritionists.

Services include, but are not limited to:

- Physician Clinics
- Allergy Injections
- Immunizations
- Vaccines
- Physicals
- Travel Consultation
- Crisis Intervention
- College Adjustment
- Concerns regarding anxiety, body image, depression, grief, and life stressors

Appointments can be scheduled by calling **(574) 284-4805**.



For more information visit saintmarys.edu/health



Basketball

- 17 overall wins and 13 MIAA wins in 2009 are both school records
- Highest MIAA finish in program history in 2009 with 2nd place
- First appearance in MIAA Tournament Championship game in 2009
- Three MIAA Players of the Year since 2004
- Alison Kessler '08 - MIAA and Great Lakes Region Player of the Year in 2008, Second-Team All-American

Softball

- Four consecutive 20+ win seasons
- School record 28 wins in 2006
- Three MIAA Most Valuable Players since 2004
- 2004 MIAA Tournament Champions
- Ashley Peterson '10 - 2008 MIAA batting champion and NFCA Second-Team All-American



Swimming

- 16 new school records in 2008–09 season
- Melissa Gerbeth '09 - back-to-back 1650 freestyle MIAA Champion
- Audrey Dalrymple '12 - first swimmer in over a decade to compete at NCAA Division III Championships in 2009
- 85 Individual MIAA Academic Honor Roll honors

Tennis

- Four consecutive MIAA Championships from 2001–04
- NCAA Division III Tournament appearance in 2002
- At least one All-MIAA Honoree every year since joining the MIAA
- Four athletes named All-MIAA in each of their four seasons
- Kristen Palombo '06 - four-time All-MIAA and MIAA Academic Honor Roll recipient





Please visit us online at saintmarys.edu/athletics for up-to-date information, rosters, team schedules, recruiting, and contact information.



Megan McClowry
Senior
Naperville, Ill.



Bridget Ronayne
Senior
Lake Zurich, Ill.